Name:			Team:			* *	*	
Date:		Topic:						
Date.		Topic.				$\sqcup$		
							R	
				Is this y	our filmed session	on? (Yes/No)		
TRAINING (	OBJECTIVE(S	):		•				
			I. WARM-UP	Intensity:		Activity Time:		
			Duration:	Intervals:		Recovery Time:		
			ORGANIZATION (Phys	ical Environment / Equi	pment / Players)			
			COACHING POINTS / KEY CONCEPTS					
			II. SMALL-SIDED AC	TIVITY Intensity:		Activity Time:		
			Duration:	Intervals:		Recovery Time:		
			ORGANIZATION (Phys	ical Environment / Equi	pment / Players)	_		
			COACHUNG POINTS / VEV CONCERTS					
			COACHING POINTS / KEY CONCEPTS					
			III. EXPANDED ACTI	¬ '		Activity Time:		
			Duration:	Intervals: sical Environment / Equi	nmont / Playors)	Recovery Time:		
			ORGANIZATION (FITYS	icai Environment / Equi	pilient / Players)			
			COACHING POINTS / KEY CONCEPTS					
			IV. GAME	Intensity:		Activity Time:		
			Duration:	Intervals:		Recovery Time:		
			ORGANIZATION (Phys	ical Environment / Equi	pment / Players)			
		COACHING POINTS / KEY CONCEPTS						
			537.6	,				

Name: Topic:								
What went well with the training session?								
What improvements would you make to the training session?								
How do you think the players responded to your topic and your coaching style?								