| Up to $4 \mathbf{v 4}$ Games: Team with the ball attempts to <br> score in the opponent's goal. <br> Organization: Set up two $25 \mathrm{~W} \times 35 \mathrm{~L}$ fields with a small <br> goal at each end. When practice is scheduled to start \& as <br> soon as 2 players arrive, start playing a game. The game <br> will start as 1 v 1 . When the next player arrives; the game is <br> 2ve then $2 \mathrm{v2}$ up to 4 v 4 . After 1 field is at 4v4, start a <br> second game on the field next to it. (Play multiple 2-3 <br> minute games) 12 min total. <br> Rules: The game starts as soon as a soccer ball and the <br> players are on the field. FIFA laws apply. |
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## PLAY - SMALL SIDED GAMES

score in the opponent's goal.
Organization: Set up two $25 \mathrm{~W} \times 35 \mathrm{~L}$ fields with a small goal at each end. When practice is scheduled to start \& as soon as 2 players arrive, start playing a game. The game will start as 1 v 1 . When the next player arrives; the game is 2 v 1 then 2 v 2 up to 4 v 4 . After 1 field is at 4 v 4 , start a second game on the field next to it. (Play multiple 2-3 Rules: The game starts as soon as a soccer ball and the players are on the field. FIFA laws apply.


## PRACTICE - CORE ACTIVITY

Key Words: try to keep the team with the ball wide, force the team with the ball to play backward
Guided Questions: How did the player's day go? How was school?
If the team with the ball is in a wide area, how can you keep him/her there?

Answers: Ask the players questions about their lives and daily concerns. This helps build the soccer relationship. Try to close any opening that would let the team with the ball play it to goal or even into the middle.


Objective: Deny chances, Prevent scoring, Close the openings Organization: On a 55Wx40L field, a big goal at 1 end $\& 2$ wide counter goals at the other, play a 5 v 5 game. Blue team player \#'s 1, $2,3,4,5 \& 6$. Red team player \#'s 7, 8, 9, $10 \& 11$. Red team scores in the big goal and blue in either of the counter goals. Any goal scored by or created by red \#7 or \#11 is worth 10 pts. All other goals are worth 1 . Sub players after each interval. If space allows, set up a similar game on a field next to yours and play a second game of 4 v 4 . Rules: All FIFA Laws Apply. (if needed, red team can restart the play)

Key Words: Tackle the ball away from the attacker, force the attacker to dribble away from the goal

Guided Questions: When should you move to close openings in wide areas? Which way should the team without the ball try to face?

Answers: Move as the ball moves so you get try to get to the opening either at the same time as the ball or just before it arrives.
It is helpful to get behind the ball with your back to your goal so when you step to close an opening, you are facing in your attacking direction.

Organization: On a 55Wx80L field and a goal at each end, play an 9 v 9 game. Blue team plays $1-2-3-3$ and the red team plays 1-4-3-1. (Play $2 x$ 10 min halves with a 2 min halftime) Rules: FIFA laws apply.

## PLAY - LET THEM PLAY



Key Words: Immediately chase after the ball if you lose it, help your teammate to win the ball back

Guided Questions: What do you do if the attacking team doesn't try to play wide?
What if the same player is continually getting beat from wide attacks (can't close the opening)?

Answers: Stay compact with your team and help inside some but always be alert for a player who may try to run down a wide area.
Have a midfield player or center back help to close the opening.

