	COACHING OUTLINE		
Coach:	Session Date: A	ge: Time Available:	
			Seco Ing.
Topic:		Teo	ch/Tact: 🔲 ct/Tech: 🔲
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	WARM-UP		
Technical (as many touches as possible)	Organization	Key Coaching Point	S
		ACTIVITY 1	
Possession (non-directional)	Organization	Key Coaching Point	ts
Small Sided (1-2 directional, game imp)	ACTIVITY 2		
oman state (1 2 an estional) game imp)	Organization	Key Coaching Point	ts
Scrimmage (end with no restrictions)	Organization	GAME Key Coaching Poin	ts
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